A HEALTHY HOLIDAY TREAT



BANANA OATMEAL RAISIN COOKIES

Five Ingredients + Spices!

Ingredients

- 2 cups oatmeal, uncooked
- 2 ripe bananas
- 1 cup unsweetened applesauce
- 1 tbsp raw honey
- 1/2 cup raisins
- 1 tsp cinnamon
- 1 tsp vanilla extract

MAKES 24 COOKIES
PREPARATION: 10MIN
COOKING: 30 MIN

Directions

- 1. Preheat Oven to 350°F.
- 2. Line baking sheet with parchment paper.
- 3. Mix bananas, oatmeal, applesauce, honey, cinnamon, and vanilla.
- 4. Stir in raisins.
- 5. Drop spoonfuls of dough onto the prepared baking sheet.
- 6. Form cookies into a flat round shape.
- 7. Bake 25-30 minutes.

Note: If you or your crew doesn't gobble these up in a day or so, keep them in the fridge to keep them fresh! Each cookie is about 45 calories. (For those of you who count like me.)